

# GPMC-Home Health Aide (HHA)

The Home Health Aide program is designed to deliver training to students for providing individualized healthcare to the convalescents, elderly or the people with disabilities by visiting their homes. Home Health Aides provide extensive medical/physical care to these patients than their family can provide and are trained to monitor as well as report changes taking place in the health status of these patients. In addition, they are also responsible for providing personal care in basic activities of daily living such as dressing, grooming, and bathing to these patients.

## Objectives

**After completion of the course, participants will be able to:**

- Provide basic patient care in home settings.
- Demonstrate basic personal care skills especially for the elderly and disabled patients.
- Provide patient centered care and perform basic personal care skills in a safe and competent environment.
- Use communication skills effectively.
- Use procedures and techniques to prevent the spread of infections.
- Demonstrate the ability to identify and implement safety/emergency procedures in home settings.
- Perform within the ethical and legal boundaries of the scope of practice.
- Display professionalism in appearance and job performance.



## Course Description

- Dealing with patients in home setting
- Maintaining hygiene & cleanliness in home setting
- Grooming & personal hygiene
- Understanding Normal Anatomy & Physiology of Human body
- Care of elderly and disabled patients
- Infection control measures
- Understanding Immunization in community setting
- Emergency response in home setting
- Transferring the patients
- Safety measures
- Bio Medical Waste Management

## Highlights

- Theory+Simulation : 240 Hours
- Internship : 120 Hours
- Eligibility : 10th
- Duration : 360 Hours/ 1.5 Months
- Certification : GPMC/NSDC